

Certified Laughter Yoga Leader Training

May 2 & 3, 2015

Saturday & Sunday ~ 9:00 AM - 5:00 PM

Cost - \$285 received by April 18 ~ \$295 afterward

Facilitators - Judi A. Winall & Pam Hall, Certified Laughter Yoga Teachers
513-899-3115 or judi@joyfulhealinglaughter.com

Location – Holiday Inn Express & Suites, 5100 Natorp Blvd., Mason, OH 45040
(discounted rooms available - mention Laughter Yoga Training - 513-387-6000)

This 2-day intensive experiential training will give you a thorough understanding of Laughter Yoga... the history, concept and philosophy. Lots of practical experience enables you to feel confident in speaking about and facilitating LY to various groups. All aspects of Laughter Yoga will be covered including the physical, mental & emotional benefits along with plenty of time for practice, questions and integration.

After successful completion you will become a Certified Laughter Yoga Leader (CLYL) and be affiliated with Laughter Yoga International, a Global Movement for Health, Joy & World Peace.

You will:

- ❖ receive the official comprehensive training manual
- ❖ learn a variety of practical techniques and useful skills for facilitating
- ❖ experience the transformational benefits of laughter yoga
- ❖ gain insight into the "Inner Spirit of Laughter"
- ❖ receive an official certificate from Laughter Yoga International University
- ❖ learn to facilitate laughter yoga meditation
- ❖ be listed on the International Laughter Yoga website (optional)
- ❖ receive free 6 month membership to Prozone, a platform for LY professionals
- ❖ have lots of practice time and so much more!

Upon completion of this training you will be able to start and lead your own laughter yoga club, give informational lectures and conduct classes, workshops and events with the general public, businesses, organizations, health & fitness centers, senior centers, special needs groups, support groups, etc.

This is a life changing experience and a transformational weekend.
Class size is limited so register early.

www.JoyfulHealingLaughter.com

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Registration Form

~ please print ~

Name: _____

Phone: _____

Address: _____

E-mail: _____

Print name as you want it to appear on certificate:

Registration:

Early registration - \$285 payment received by April 18 _____

Late registration - \$295 payment received after April 18 _____

Send completed registration form to judi@joyfulhealinglaughter.com